SCOUTS South Africa
be prepared

PACKING A RUCKSACK

Pack raingear at the top where you can get it quickly

Store essentials such as sunscreen, a compass, maps, and guidebooks in an outer pocket

Keep First Aid items accessible

Waterproof bags shold be used to store items that must stay dry, particularly spare clothing and your sleeping bag.

Heaviest items should sit between your shoulder blades and as close to your back as possible

Carry your waterbottle upright where it's accessible

Lighter items such as sleeping mats and bags should remain at the bottom of the rucksack